



## ***Old Dominion Association of Church Schools***

### **Mountain Region Competition**

#### **Important Reminders**

##### **ODACS Policy**

The ODACS board has adopted a policy about tattoos and body piercings. The policy applies to all ODACS sports events. The policy appears in the athletic manual on page 6, and you can also find it on the enclosed list of Mountain Region Competition Dress Code Notices. *Please read the policy carefully, communicate it to your students and school leaders, and be sure that each student complies before leaving to come to the competition.* To avoid any awkward situations, we want to work hard to communicate this policy to everybody. Enforcing dress and hair standards on the day of the competition can be difficult and embarrassing, so please help us by preparing your students ahead of time. Thank you!

##### **Hair Standard for Boys**

The ODACS board has adopted a policy about boys' hair. The policy applies to all ODACS sports events. The policy appears in the athletic manual on page 6, and you can also find it on the enclosed list of Mountain Region Competition Dress Code Notices. *Please read the policy carefully, communicate it to your students and school leaders, and be sure that each student complies before leaving to come to the competition.*

**PLEASE SEE MORE IMPORTANT NOTES ON THE BACK OF THIS PAGE.**

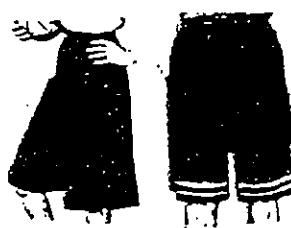
## Mountain Region Competition Dress Code Notices



***The dress code for ODACS athletic events is copied below. This information is copied directly from the ODACS athletic manual. Competitors who do not conform to the dress code will not be allowed to participate.***

### L. Dress Expectations

1. ODACS is not able to enforce dress expectations at all athletic contests. The following guidelines are recommended for games between schools, and they will be expected of athletes and coaches participating in semifinal games, consolation games, championship games, Mountain Region tournaments, the Elementary Field Day, and the Track and Field meet.
2. Girls are required to wear knee-length culottes or loose fitting, knee-length sporting shorts for all sporting events. No pants may be worn. Lady coaches must wear knee-length skirts or dresses. Pictures shown: culottes (left), sports shorts (right).



3. Boys may wear shorts for all sporting events.
4. Hair for boys and for men coaches must be short, off the collar and ears, one inch above the eyebrows, tapered in the back, combed, with no long sideburns. No beards or mustaches will be permitted for students.
5. No tattoos or worldly body piercings may be visible on players or coaches during any ODACS sponsored sporting event.
6. No one may participate in bare feet. Track spikes are allowed and shoes for all sports shall meet National Federation standards.
7. The tournament director shall be responsible for seeing that all participants comply with the ODACS dress code for that activity. Should any participant be found to be not in compliance, the tournament director shall notify the coach, who shall make whatever modifications are possible at that event. Notification of violations shall be communicated to the pastor and school administrator in a letter from the executive director. Should a school be notified of infractions involving more than two athletes in two consecutive years, that school will be disqualified from participation in that tournament in the following year.